

**INSTRUCTOR TRAINING**

# **MIXXEDFIT®**

**PEOPLE INSPIRED FITNESS**

**SARAH VARGO**

HAS COMPLETED THE MIXXEDFIT® INSTRUCTOR TRAINING  
AND IS CERTIFIED AS A LICENSED MIXXEDFIT® INSTRUCTOR.

**7/31/2023**

**DATE**



**LORI B. TORRES**

CEO / FOUNDER

MIXXEDFIT LLC WWW.ILOVEMIXXEDFIT.COM

This document certifies that the above named person has successfully completed a MixedFit® Instructor Training and is a Licensed MixedFit® Instructor. This individual is authorized to teach MixedFit® Classes for a period of two years from the above date. This is subject to compliance with the rules and regulations set forth in their MixedFit® Instructor Licensing Agreement. You may contact us at (855) 564-9933 to verify that the Instructor's license is current and valid.